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### Stay Informed

**Join the CoroWise® Community Today**  
Get info on new products that contain CoroWise® plant sterols and be part of surveys to develop new products.

[» Join Now](#)

### Facebook

CoroWise® is on Facebook. Become a fan today! Fans are eligible to win a \$100 prize each month!

[» Become a Fan](#)

### The Wellness Advisor

Your source for education and up-to-date information on wellness and healthy living.

[» FREE Subscription](#)

### Testimonials

See what others are saying about CoroWise® and how it is helping them reduce cholesterol.

[» Read More](#)

## Where to Buy



### Centrum Cardio®

Two Centrum Cardio® a Day - You May See Cholesterol-Lowering Benefits of Phytosterols in as little as 4 Weeks!‡ Concerned about cholesterol? Well now there is a new way to help lower it. NEW Centrum Cardio® gives you the complete nutrition you'd expect from Centrum® - combined with a significant cholesterol-lowering ingredient.‡



- The first and only^ complete multivitamin with CoroWise® phytosterols that can lower cholesterol‡
- A daily serving (2 tablets) contains 800 mg of CoroWise® phytosterols, a natural ingredient mainly derived from soybeans that works by blocking cholesterol absorption and significantly lowers bad (LDL) cholesterol‡
- May see the cholesterol-lowering benefits of phytosterols in as early as 4 weeks‡
  - ‡Foods or dietary supplements containing at least 400 mg per serving of free phytosterols taken twice a day with meals for a daily total intake of at least 800 mg, as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease. A daily serving of Centrum Cardio® (2 tablets) contains 800 mg of CoroWise® phytosterols.
  - ^ Among Leading Brands

[Where to Buy Centrum Cardio®](#)

### VitaTops™

Vitalicious Inc., known for creating baked goods with nutritional benefits, such as vitamins and minerals, is the first baked goods



### Corazonas™ Chips and Oatmeal Squares

Corazonas™ is a line of innovative and truly delicious snacks made with cholesterol-reducing CoroWise® plant sterols. Using a patented process, the company's tortilla chips, potato chips, and oatmeal squares are infused with naturally sourced plant sterols, which have demonstrated their ability to fight heart disease by lowering LDL (bad) cholesterol in numerous clinical studies. Corazonas chips offer 0.4 grams of plant sterols per 1 oz. serving, and each Corazonas Oatmeal Square has 0.8 grams of plant sterols.



Corazonas™ Tortilla Chips have 18 grams of whole grain and 3 grams of fiber per serving, and are available in Lightly Salted, Squeeze of Lime and Black Bean and Cheese.

Corazonas™ Potato Chips contain 40 percent less fat than regular potato chips and are available in Slightly Salted, Parmesan Peppercorn, Italiano 4 Cheese, Spicy Rio Habañero, and Sea Salt & Vinegar.

Corazonas™ Oatmeal Squares offer 13-16 grams of whole grain, 5 grams of fiber, and 6 grams of protein per serving, and are available in Cranberry Flax, Chocolate Brownie and Almonds, Chocolate Chip, Peanut Butter and Banana Walnut.

### Minute Made® Premium Heartwise™

Minute Maid® Premium Heart Wise™ is the first orange juice clinically proven to help reduce cholesterol, with 1 gram of CoroWise® plant sterols per 8-fluid-ounce serving. In a



company to include  
 CoroWise® plant sterols. Ask the Experts • In the News • [Where to Buy](#) • [Retailers](#) • [Privacy Policy](#) • [Terms of Use](#) • [Contact Us](#)  
 its muffin product line. The  
 new Dark Chocolate Pomegranate flavor of VitaTops™  
 muffin tops are now available online at  
[www.vitalicious.com](http://www.vitalicious.com).

Where to Buy VitaTops™

**Giant Eagle® Fat Free Milk**

Giant Eagle® Fat Free Milk with 0.4g  
 CoroWise™ plant sterols per serving  
 supplies cholesterol reducers which are  
 clinically proven to help reduce your  
 risk of heart disease\*. Enjoy a cold  
 glass of refreshing milk knowing that  
 you are helping reduce your cholesterol  
 and improve your heart health at the  
 same time. Giant Eagle Fat Free Milk  
 with CoroWise™ is also an excellent  
 source of calcium, helping you build  
 strong bones. It is available in  
 half-gallons at participating locations.



\* Giant Eagle Inc., ranked 32 on Forbes magazine's largest private corporations list and recipient of Grocery Headquarters' 2007 Retailer of the Year Award and the EPA's ENERGY STAR Retail Partner of the Year Award, is one of the nation's largest food retailers and food distributors with approximately \$7.1 billion in annual sales. Founded in 1931, Giant Eagle, Inc. has grown to be the number one supermarket retailer in the region with 158 corporate and 65 independently owned and operated supermarkets in addition to 138 fuel and convenience stores throughout western Pennsylvania, Ohio, north central West Virginia and Maryland.

\*\* Foods containing at least 0.4 grams per serving of plant sterols, eaten twice a day with meals for a daily total intake of at least 0.8 grams, as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease. Each serving of Giant Eagle Fat Free Milk containing plant sterols supplies 0.4g per serving.

Where to Buy Giant Eagle® Fat Free Milk

**Lifetime Low Fat Cheese**

Cheese has  
 traditionally been one  
 of the first foods a  
 person gives up when  
 they discover their  
 cholesterol is high.  
 Thanks to Lifeline  
 Food Co., this is no  
 longer the case. A  
 single 1-oz serving of  
 the cheese, which  
 comes in Cheddar, extra sharp Cheddar, japaleno Jack  
 and mozzarella, contains 0.65g plant sterol esters. A  
 serving at two meals provides the recommended  
 amount to reap the cholesterol-lowering benefits of  
 plant sterol esters. Lifetime cheeses are made with  
 CoroWise™ plant sterols. The cheese with plant sterol  
 esters actually tastes creamier than the regular low-fat  
 product because the plant sterol esters act as a fat  
 mimetic.



Where to Buy Life Time Cheese

**Cardio Chews™**

Cargill's CoroWise® Naturally  
 Sourced Cholesterol Reducer™  
 brand of plant sterols is now  
 available in individually-wrapped  
 Cardio Chews™. Now adults who  
 enjoy over-the-counter Cardio  
 Chews™ twice daily with meals,  
 and follow a healthy diet of foods  
 low in saturated fat and cholesterol,  
 may see their cholesterol numbers  
 start to drop in as little as four weeks.



Available in both cherry and chocolate flavors, Cardio

recent clinical study conducted  
 at the University of California  
 Davis Medical Center,  
 participants significantly  
 lowered their LDL cholesterol by  
 drinking two 8-fluid-ounce  
 servings of Minute Maid  
 Premium Heart Wise orange  
 juice with CoroWise® plant  
 sterols daily with meals for eight  
 weeks. Benefits were demonstrated in men and  
 women with normal to borderline high total  
 cholesterol.



More about Minute Made® Heartwise

**Healthy Chekd Fat Free Milk**

Chek out the new & improved  
 Healthy Chekd Fat Free Milk. It  
 includes CoroWise™, a brand of  
 plant sterols, in a great tasting milk.



**Racconto® Essentials Pasta and Sauces**

Racconto® Essentials  
 Pasta combines the  
 delicious, all-natural  
 taste and texture of  
 premium whole grain  
 pasta – penne rigate,  
 rotini and rigatoni – with  
 the CoroWise®  
 Naturally Sourced  
 Cholesterol Reducer™™ brand of plant sterols.  
 Racconto® also offers tomato basil pasta sauce,  
 and roasted garlic pasta sauce, both with 0.4 grams  
 of CoroWise® plant sterols per serving.



In addition to CoroWise® plant sterols, Racconto®  
 Essentials Pasta contains 28 percent of the daily  
 value of fiber. Diets rich in whole grain foods and  
 other plant foods and low in total fat, saturated fat  
 and cholesterol, may help reduce the risk of heart  
 disease and certain cancers. Racconto pastas and  
 sauces are available online at [www.racconto.com](http://www.racconto.com)  
 and the pastas are also available at the following  
 grocery retailers: Safeway, Giant Carlisle, HEB,  
 Ralph's, Roundy's, Kings, Whole Foods (Northwest  
 region), Giant Eagle.

\*Foods or dietary supplements containing at least 0.4g per  
 serving of free plant sterols taken twice daily with meals for a  
 daily total intake of at least 0.8g, as part of a diet low in saturated  
 fat and cholesterol, may reduce the risk of heart disease.

**Vitafusion Gummy Vitamins**

Vitafusion® HeartOne is a  
 gummy after your own heart.  
 You and your heart will love  
 each delicious peach  
 serving, since they are the  
 first gummy vitamins  
 specifically made to support  
 heart health and healthy  
 cholesterol levels in adults  
 with normal levels.\* They are  
 made with natural colors and  
 flavors and contain 400 mg  
 of CoroWise™ phytosterols  
 per serving. Vitafusion®  
 HeartOne gummies, taken  
 twice a day with meals for a total daily intake of at  
 least 800mg of Corowise™ phytosterols, as part of a  
 diet low in saturated fat and cholesterol, may reduce  
 the risk of heart disease.



\*This statement has not been evaluated by the Food and Drug  
 Administration. This product is not intended to diagnose, treat,  
 cure or prevent any disease. This product is not a replacement  
 for cholesterol lowering prescription drugs. If you have elevated

Chews™ are sugar free and contain just 30 calories and 0.4g plant sterols per single chew serving. They are available nationwide in a 28-chew package, which is a two-week supply. Cardio Chews™ are initially available at ShopKo and online at Drugstore.com, Walgreens.com, Walmart.com, Target.com, Samsclub.com, Meijer.com, and Amazon.com

cholesterol, consult your doctor for medical advice and treatment.

[More about Vitafusion Gummy Vitamins](#)

### Cardio Juice™

Cardio Juice™ is available in orange and strawberry flavors. They contain only 60 calories per eight-ounce bottle and are available in convenient four-packs.

Cardio Juice™ fits easily into today's active lifestyles, and is available at more than 7,200 Walgreens stores and online at Walgreens.com.

