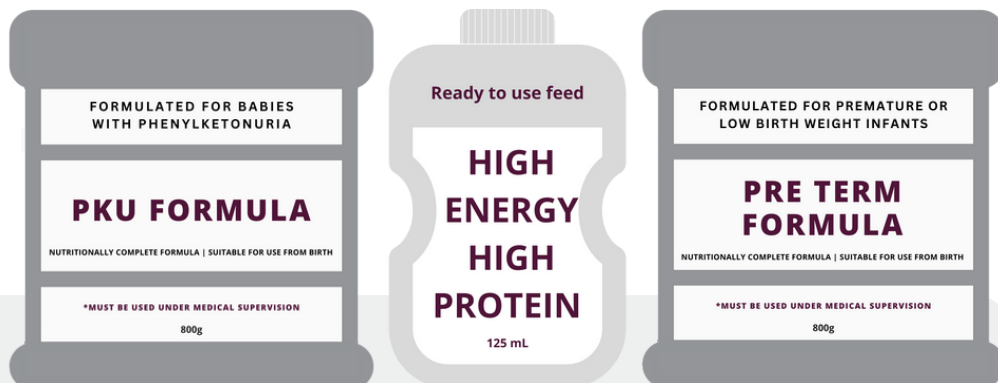


# Special medical purpose product for infants

In 2024, Food Standards Australia New Zealand finalised a review of Standard 2.9.1 - Infant formula products in the Australia New Zealand Food Standards Code. The categorisation, labelling and composition of infant formula products have been revised to ensure products continue to be safe and suitable.

## SPECIAL MEDICAL PURPOSE PRODUCT FOR INFANTS (SMPPi)



### Use

- Must be used under medical supervision.
- Formulated for infants for the dietary management of a medically diagnosed disease, disorder or condition, replacing the *Infant Formula for Special Dietary Use* category in the Code.
- Intended for infants from birth. However, some products may be used as a supplementary feed for other age groups based on medical advice.
- May constitute either the sole or principal liquid source of nourishment.
- Health professionals can prescribe different use and preparation instructions to those stated on the label.
- SMPPi excludes products that are not intended for use as the sole or principal source of nutrition. These products include but are not limited to human milk fortifiers, modulatory formulas (for example, protein, carbohydrate or fat modulars), food thickeners and medical infant foods or semi-solid foods.

### Labelling

- SMPPi products must:
  - specify the intended medical purpose of the product and any properties or characteristics that make it appropriate for that intended medical purpose.
  - if relevant, indicate any precautions and contraindications associated with consumption of the product.
- Additional information about the product may be provided in accompanying documentation. This includes information about compositional variation, the product purpose and other medical parameters.
- The ingredient list and nutrition information statement are typically located on the back of the container.

### Composition

- Replicates the baseline composition of infant formula. However, deviation from the prescribed compositional requirements can occur as necessary to achieve the product's intended medical purpose.
- Formulas with modified lactose content used in the dietary management of lactose intolerance are now captured under the SMPPi category and are no longer permitted for sale at supermarkets.

### Sale

- As SMPPi must be used under medical supervision, these products have a restriction on sale and are available from places such as a pharmacy or by a medical practitioner or dietitian.
- Some SMPPi may require a script to be purchased and may also be listed on the Pharmaceutical Benefits Scheme (PBS).

### For further information relating to infant feeding:

- Raising Children Network: [Baby formula & bottle-feeding for babies | Raising Children Network](#)
- Australasian Society of Clinical Immunology and Allergy (ASCI): [ASCI Guidelines for infant feeding and allergy prevention - Australasian Society of Clinical Immunology and Allergy \(ASCI\)](#)

### For details of dietitians in Australia and New Zealand:

- Dietitians Australia: [dietitiansaustralia.org.au](http://dietitiansaustralia.org.au)
- Dietitians New Zealand: [dietitians.org.nz/](http://dietitians.org.nz/)

### National feeding guidelines for infants:

- National Health and Medical Research Council: [Infant Feeding Guidelines: information for health workers](#)
- New Zealand Ministry of Health: [Healthy Eating Guidelines for New Zealand Babies and Toddlers \(0-2 years old\)](#)

### Caregiver support:

- State and territory Children's Hospitals
- Pregnancy, Birth & Baby: [Support for parents | Pregnancy Birth and Baby](#) ([pregnancybirthbaby.org.au](http://pregnancybirthbaby.org.au))
- Australasian Society of Clinical Immunology and Allergy: [Patient support organisations - Australasian Society of Clinical Immunology and Allergy \(ASCI\)](#)